City of Roses,

# Fukuyama City Survey of Children's Lifestyles【 For parents/guardians】 

Fukuyama
Image Character:
"Rola"

- This survey is conducted by Fukuyama City to ask parents/guardians with children in the 5 th grade of elementary school or the 2nd grade of junior high school about their living situation and their children. The results of the survey are intended to be used for supporting children and the implementation of measures for families raising children.
- This questionnaire is to be filled out by parents/guardians of children in the 5th grade of elementary school or the 2nd grade of junior high school.
- This survey is anonymous. You do not need to write your name.
- This survey form will be used only for the purpose of the survey. Your answers will be processed statistically and you will not be identified.
- The school will submit the completed responses to Fukuyama City in a sealed envelope, ensuring that the school remains unaware of the content of your questionnaire responses.
- Furthermore, there will be absolutely no inquiries regarding the content of the responses from Fukuyama City or any entrusted contractors.
- Please indicate your answer by circling the corresponding number.
- After completing the survey form, please place it in a green envelope and securely seal it with tape to ensure its confidentiality. Then, please hand the sealed envelope to your child.


## - Please respond by Monday, July 24, 2023.

- This survey is conducted by Fukuyama City. Schools will only distribute and collect the questionnaires.
- For inquiries or opinions regarding the survey, please contact the relevant department at Fukuyama City:

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(Contact information)
Fukuyama City Children Planning Division (8:30-17:15 except Saturdays, Sundays and
national holidays)
Phone: 084-928-1296 FAX: 084-922-0846
E-mail: kodomo-kikaku@city.fukuyama.hiroshima.jp
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In this survey, the term "child" refers to a child in the fifth grade of elementary school or the second grade of junior high school who is the subject of the survey. The terms "parent," "mother," and "father" include stepmothers, stepfathers, as well as guardians who are fulfilling the role of mothers or fathers.

Q 1 Please select the relationship that describes your connection to your child, considering it from your child's perspective. (Circle one)

| 1 | Mother | 2 | Father |
| :--- | :--- | :--- | :--- |
| 3 | Grandparent(s) | 4 | Other |

Q2 What city/town do you currently live in? (Circle one)

| 1 | Hiroshima City | 2 | Kure City | 3 | Takehara City |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 4 | Mihara City | 5 | Onomichi City | 6 | Fukuyama City |
| 7 | Fuchu City | 8 | Miyoshi City | 9 | Shobara City |
| 10 | Otake City | 11 | Higashihiroshima City | 12 | Hatsukaichi City |
| 13 | Akitakata City | 14 | Etajima City | 15 | Fuchu Town |
| 16 | Kaita Town | 17 | Kumano Town | 18 | Saka Town |
| 19 | Akiota Town | 20 | Kitahiroshima Town | 21 | Osaki-Kamijima Town |
| 22 | Sera Town | 23 | Jinsekikogen Town | 24 | Outside of Hiroshima Prefecture |

Q3 Please indicate the number of family members who live with your child and share the same household expenses. Include any family members who are working independently/ tanshinfunin or have children studying away from home in this count.
(Circle one option that applies for each of the choices a through h)

| a) Grandmother | b) Grandfather | c) Mother | d) Father | h) Total (including you and the subject child) |
| :---: | :---: | :---: | :---: | :---: |
| O None <br> 1 1 person <br> 2 2 people | O None <br> 11 person <br> 22 people | O None <br> 11 person | O None <br> 11 person | $\begin{array}{ll} 2 & 2 \text { people } \\ 3 & 3 \text { people } \end{array}$ |
| e) Elder sister and brother | The subject child | f) Younger sister and brother | g) Other | 55 people <br> 66 people |
| 0 None <br> 1 1 person <br> 2 2 people <br> 3 3 people <br> 4 4 people or more | 1 person | O None <br> 11 person <br> 22 people <br> 33 people <br> 44 people or more | O None <br> 11 person <br> 22 people <br> 33 people <br> 44 people or more | $7 \quad 7$ people <br> 88 people <br> 99 people <br> 1010 people or more |

Q4 Please provide the current age of your child's parents.
(Please write the age of the mother and father as numbers. If there is no father or mother, or if you do not know their age, write "-")
Mother $\quad$ years old $\quad$ Father $\quad$ years old

Q5 Is any member of your child's family currently working independently/ tanshinfunin?
(If someone is working independently, please circle all that apply from 1-3)
1
2
Father of the child is working independently/ tanshinfunin
3 other
4 No one is working independentlyl tanshinfunin

Q6 What is the marital status of the parent(s) who live with your child and share the same livelihood?
(Circle one)


Q 7 If you selected "2 Divorce" in the previous question, have you made child-support payment/ yoiku-hi arrangements with your former spouse, and are you currently receiving child-support payments/ yoiku-hi? (Circle one)

1 I have an arrangement for child-support payments/ yoiku-hi and I receive them
2 I do not have a specific arrangement for child-support payments/ yoiku-hi, but I receive them
3 I have an arrangement for child-support payments/ yoiku-hi, but I do not receive them
4 I have no arrangements for child-support payments/ yoiku-hi and I do not receive them

Q8 Which of the following describes the languages (other than Japanese) your family speaks at home? (Circle one)

1 My family uses only Japanese at home
2 My family uses language(s) other than Japanese at home, but mostly Japanese
3 My family uses language(s) other than Japanese at home most of the time

Q9 Please select the option that applies to the highest level of education completed by your child's parents. (Circle one option that applies for each of the choices a and b)

|  | a) Mother | b) Father |
| :--- | :---: | :---: |
| Junior high school | 1 | 1 |
| Junior high school, High school | 2 | 2 |
| Junior high school, High school, Technical college | 3 | 3 |
| Junior high school, 5-year technical college | 4 | 4 |
| Junior high school, High school, Junior college | 5 | 5 |
| Junior high school, High school (or 5-year <br> technical college), University | 6 | 6 |
| Junior high school, High school (or 5-year <br> technical college), University, Graduate school | 7 | 7 |
| Other | 8 | 8 |
| I don't know | 9 | 9 |
| No parent(s) | 10 | 10 |

## Q10

Please select the option that applies to the employment status of your child's parents.
(Circle one option that applies for each of the choices $a$ and $b$ )

|  | a) Mother | b) Father |
| :--- | :---: | :---: |
| Full-time employee, regular staff, company executives | 1 | 1 |
| Fixed-term employee, contract employee, temporary staff | 2 | 2 |
| Part-timerl part, part-timerl arubaito, day laborer, part-time <br> employee | 3 | 3 |
| Self-employed (including family employees, home-based <br> employees for piecework (job), self-employed and freelance <br> workers) | 4 | 4 |

If you chose 5 for either a or $b$, go to Q11.

Q11 If you selected " 5 Not working" in the previous question, please specify the most significant reason why your child's parent is currently not working.
(Circle one option that applies for each of the choices a and b)

|  | a) Mother | b) Father |
| :--- | :---: | :---: |
| The parent wants to work, but there are no <br> job opportunities that meet their desired <br> conditions | 1 | 1 |
| The parent prioritizes child care | 2 | 2 |
| The parent is responsible for caring for <br> family members | 3 | 3 |
| The parent is unable to work due to an illness or <br> disability | 4 | 4 |
| The parent is attending school | 5 | 5 |
| Other reasons | 6 | 6 |

Q12 Please select the educational and childcare facilities that your child attended for an extended period of time between the ages of 0-2 years old. (Circle one)

1 Licensed nursery school or certified child day care center
2 Other educational/childcare facilities
3 Individuals other than parents/relatives
4 Parents/relatives exclusively providing care
5 Other

Q13 Please select the educational and childcare facilities that your child attended for an extended period of time between the ages of 3-5 years old. (Circle one)

1 Kindergarten, licensed nursery school or certified child day care center
2 Other educational/childcare facilities
3 Individuals other than parents/relatives
4 Parents/relatives exclusively providing care
5 Other

Q14 Please indicate the extent to which the following statements apply to your interactions with your child. (Circle one option that applies for each of the choices a through e)

|  | $\stackrel{\rightharpoonup}{0}$ | $\stackrel{\rightharpoonup}{0}$ | $\underset{\sim}{\sim}$ |
| :--- | :---: | :---: | :---: | :---: |

Q15 How often do you participate in the following activities?
(Circle one option that applies for each of the choices $a$ and $b$ )

|  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| a) Participating in school activities such as class visits and athletic meets | 1 | 2 | 3 | 4 |
| b) Participating in PTA activities, parent-teacher conferences, and volunteer activities such as afterschool study support | 1 | 2 | 3 | 4 |

Q16 Considering the current situation, what kind of educational institution do you envision your child being enrolled in, in the future?(Circle one)


Q17 If you selected 1-8 in the previous question, what is the reason?
(For 1 to 5 , circle all that apply)

1 Because of my child's wishes
2 Because I believe it is a common career path
3 Considering my child's academic abilities
4 Considering the financial situation of the family
5 Other
6 No specific reason

Q18 Do you have anyone you can rely on for the following matters?
(For each of a through c, circle one for each of 1 through 3 that apply)
If you chose "1 I can rely on ...", circle all applicable items from (1) through (7).

|  | a) Consultation on child rearing | b) Consultation on important matters | c) Financial assistance in case of emergency |
| :---: | :---: | :---: | :---: |
| I can rely on ... | 1 | 1 | 1 |
| Family/ relatives | (1) | (1) | (1) |
| Friends/ acquaintances | (2) | (2) | (2) |
| Neighbors | (3) | (3) | (3) |
| Peoople at my workplace | (4) | (4) | (4) |
| Commissioner for social welfare/ minsei-iin, commissioner for child welfare/ jido-iin | (5) | (5) | (5) |
| Staff in counseling and support organizations and welfare agencies | (6) | (6) | (6) |
| Other | (7) | (7) | (7) |
| I have no one to rely on | 2 | 2 | 2 |
| I don't rely on others for this matter | 3 | 3 | 3 |

Q19 How would you describe your current living situation? (Circle one)
1 Financially very stable
2 Financially stable
3 Ordinary
4 Difficult
5 Very difficult

Q20 Please indicate the approximate annual income (including tax) of your household as a whole.
*Please answer the following questions regarding your annual income for the year 2022.
*Income includes the following income of all family members who live together and share the same livelihood.

- Income from employment (regular income, bonuses, etc.)
- Business income (excluding raw material costs, personnel expenses, and other operational expenses), income from side jobs (excluding material costs, etc.)
- Income from a public pension, benefit, and other social security benefits (welfare assistance/ seikatsuhogo, child allowance/ jido-teate, child-support allowance/ jidofuyo-teate, etc.)
- Income from agriculture, forestry, and fisheries (excluding material costs of agricultural machinery and equipment, business overhead expenses, etc.)
- Asset income (interest on deposits and savings, rental income, etc., except for the proceeds from the sale of assets such as houses and lands, and income from life insurance and non-life insurance)
- Other income (remittances, child-support payments/ yoiku-hi, personal pension/ kojin-nenkin, congratulatory money, etc.)

| 1 | Less than 500,000 yen | 9 | $4,000,000$ yen to less than $4,500,000$ yen |
| :--- | :--- | ---: | :--- |
| 2 | 500,000 yen to less than $1,000,000$ yen | 10 | $4,500,000$ yen to less than $5,000,000$ yen |
| 3 | $1,000,000$ yen to less than $1,500,000$ yen | 11 | $5,000,000$ yen to less than $6,000,000$ yen |
| 4 | $1,500,000$ yen to less than $2,000,000$ yen | 12 | $6,000,000$ yen to less than $7,000,000$ yen |
| 5 | $2,000,000$ yen to less than $2,500,000$ yen | 13 | $7,000,000$ yen to less than $8,000,000$ yen |
| 6 | $2,500,000$ yen to less than $3,000,000$ yen | 14 | $8,000,000$ yen to less than $9,000,000$ yen |
| 7 | $3,000,000$ yen to less than $3,500,000$ yen | 15 | $9,000,000$ yen to less than 10,000,000 yen |
| 8 | $3,500,000$ yen to less than 4,000,000 yen | 16 | More than $10,000,000$ yen |

Q21 In the past year, has your household experienced any instances where you were unable to purchase necessary food items for your family due to financial constraints? This excludes luxury food items. (Circle one)

| 1 | Often |
| :--- | :--- |
| 2 | Occasionally |
| 3 | Rarely |
| 4 | Not at all |

Q22 In the past year, has your household experienced any instances where you were unable to purchase necessary clothing for your family due to financial constraints? This excludes luxury items such as high-end clothing, precious metals, and jewelry. (Circle one)

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1 Often
2 Occasionally
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3 Rarely
4 Not at all

Q23 Have any of the following fees gone unpaid for financial reasons in your household in the past year? (For 1 to 3, circle all that apply)

## 1 Electricity charge

2 Gas charge
3 Water charge
4 None that apply

Q24 Have you felt burdened by any of the following expenses in your household in the past year? (For 1 to 8, circle all that apply)

1 Tuition fees and school payments (including school lunch fees)
2 Education expenses incurred outside of school (such as cram school fees)
3 Expenses for extracurricular lessons (excluding sports clubs)
4 Expenses for sports clubs and school club activities
5 Lunch expenses for my child (including bento box), dinner expenses, and snack expenses (including dining out)

6 Expenses for my child's clothing and shoes
7 Allowance for my child
8 Mobile phone or smartphone expenses for my child
9 No particular expenses felt burdensome

Q25 How have you felt about the following questions a) to f) over the past month?
(Circle one option that applies for each of the choices a through f)

|  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| a) I felt nervous. | 1 | 2 | 3 | 4 | 5 |
| b) I felt hopeless. | 1 | 2 | 3 | 4 | 5 |
| c) I felt restless or fidgety. | 1 | 2 | 3 | 4 | 5 |
| d) I felt so depressed that nothing could cheer you up. | 1 | 2 | 3 | 4 | 5 |
| e) I felt that it was troublesome to do anything. | 1 | 2 | 3 | 4 | 5 |
| f) I felt worthless. | 1 | 2 | 3 | 4 | 5 |

Q26 Overall, how satisfied are you with life these days? Please answer with a number from "0" (Not at all satisfied) to "10" (Fully satisfied). (Circle one)

| O: | t |  | $\rangle$ |  |  |  |  | 10 : Fully satisfied |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

Q27 How has your family life changed before the COVID-19 pandemic (before 2019) and during the COVID-19 pandemic (2020-2022)?
(Circle one option that applies for each of the choices a through f)

|  |  |  |  |
| :---: | :---: | :---: | :---: |
| a) Change in overall household income | 1 | 2 | 3 |
| b) Change in necessary living expenses | 1 | 2 | 3 |
| c) Inability to buy necessary food or clothing due to lack of money | 1 | 2 | 3 |
| d) Talking to my children | 1 | 2 | 3 |
| e) Arguments or disputes within my family | 1 | 2 | 3 |
| f) I feel irritable, anxious, or depressed | 1 | 2 | 3 |

Q28 How has your family life changed during the COVID-19 pandemic (2020-2022) and currently in your daily life?
(Circle one option that applies for each of the choices a through f)

|  | $\begin{aligned} & \bar{亏} \\ & \stackrel{1}{\oplus} \\ & \stackrel{\omega}{0} \\ & \stackrel{\otimes}{\circ} \end{aligned}$ |  |  |
| :---: | :---: | :---: | :---: |
| a) Change in overall household income | 1 | 2 | 3 |
| b) Change in necessary living expenses | 1 | 2 | 3 |
| c) Inability to buy necessary food or clothing due to lack of money | 1 | 2 | 3 |
| d) Talking to my children | 1 | 2 | 3 |
| e) Arguments or disputes within my family | 1 | 2 | 3 |
| f) I feel irritable, anxious, or depressed | 1 | 2 | 3 |

Has your family ever used any of the following support programs?
(For each of choices a through e, circle one option that applies from 1 through 3)
If you chose " 3 Never used it", what is the reason?
(Circle one option that applies for each of the choices (1) through (5)

|  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Currently using it | 1 | 1 | 1 | 1 | 1 |
| Used it in the past, but not currently using it | 2 | 2 | 2 | 2 | 2 |
| Never used it | 3 | 3 | 3 | 3 | 3 |
| Not eligible for the program (due to not meeting income or other requirements) | (1) | (1) | (1) | (1) | (1) |
| Can use it, but don't particularly feel the need to | (2) | (2) | (2) | (2) | (2) |
| Want to use it, but didn't know about this support program until now | (3) | (3) | (3) | (3) | (3) |
| Want to use it, but don't know the procedures or find it difficult to use | (4) | (4) | (4) | (4) | (4) |
| Other reason | (5) | (5) | (5) | (5) | (5) |

## 〈Reference〉

* 1 Schooling allowance: A system that provides assistance for educational expenses, such as school supplies, when it is difficult for a child to attend school due to economic reasons.
*2 Welfare assistance/ seikatsuhogo: A system that ensures a minimum standard of living and provides assistance to help individuals become self-reliant when they are unable to sustain their livelihood due to illness, accidents, or various other circumstances.
* 3 Support and consultation center for individuals in financial distress: A consultation service that provides support for individuals facing diverse challenges in their lives, including financial difficulties, unemployment, and housing issues. Dedicated support staff collaborates with relevant institutions to develop personalized support plans and assist in resolving these challenges.
* 4 Child-support allowance/ jidofuyo-teate: An allowance provided to single-parent households with income below a certain level to support their livelihood. (Different from child allowance/jido-teate.)
*5 Employment and independence support center for single parents: A support center where single parents can receive counseling for finding a job and training on a job. Consultation is also available regarding child support payments/ yoikuhi, etc.

Q30 What are the specific policies concerning children in Hiroshima Prefecture that you believe Hiroshima Prefecture should prioritize and make a special effort to implement? (Please circle the top 3 choices from 1 to 10 . If you choose 11 , circle only 11.)

1 Improvement of the education and care of children from age 0 to pre-primary school age
(e.g.) High quality education in kindergartens, nursery schools, certified child day care center, etc.

2 Providing students with the knowledge they need to be active in society for the future when they are students in elementary, junior high school, and high school
(e.g.) • Consolidation of fundamental academic abilities

- Outside of simply studying, fostering critical thinking, expressive abilities, and communication skills, etc.
3 Improvement of support for families raising children from pregnancy
(e.g.) • Providing accessible consultation services for pregnancy and child-rearing matters
- Improving medical facilities such as maternity and pediatric care, etc.

4 Enhancing the availability of safe places outside of home and school for children to spend their time
(e.g.) Expanding childcare facilities, after-school clubs, etc.

5 Creating a work environment that facilitates balancing parenting and work responsibilities
(e.g.) • Promoting parental leave and childcare holidays

- Work from home using a computer or other ways of working that make the best use of time I and place

6 Ensuring a child- and child-rearing-friendly living environment and maintaining a safe and secure environment
(e.g.) • Increasing the number of stores and facilities that are easily accessible for families with children, providing services such as nursing rooms and free services for children

- Barrier-free facilities in parks and public transportation (smooth movement for children and ease of use for all types of people)
- Education for children on disaster prevention, crime prevention, and traffic safety, etc.

7 Prevention of child abuse (physical punishment, verbal abuse, neglect, etc.)
8 Support for children who cannot live with their families
(e.g.) • Acceptance at facilities and support for independence after discharge

- Increasing the number of foster parents (sato-oya)/ Increasing the number of family homes
*The family home is defined by the Japanese welfare system as a foster home where 5-6 children are raised by foster parents (sato-oya)
9 Support for children of single-parent families and single-parent families
(e.g.) Support for parental employment (finding jobs), child-rearing, arrangements regarding childsupport payments/yoiku-hi and visitatio
10 Support for children with disabilities and their families
(e.g.) • Providing medical and welfare services tailored to the type and severity of disabilities
- Learning support and improvement of the learning environment for independence and social participation after graduation

11 I do not know

Q31 If you selected 1-10 in the previous question, please write the corresponding reasons. If you don't have a specific reason, there is no need to mention it.

| Selected <br> number | Reasons (please specify freely) |
| :--- | :--- |
|  |  |
|  |  |
|  |  |

Q32 Regarding your child, are there any concerns you currently have?
(For 1 to 13, circle all that apply)

1 My child lacks basic daily habits (such as greetings, following rules, maintaining a tidy environment)

2 I have no one to consult regarding discipline and education for my child
3 My spouse is not supportive in childcare
4 I am unable to provide sufficient meals and nutrition for my child
5 I am unable to provide necessary medical care for my child
6 I am worried about my child's future education and entrance exams
7 I am concerned about the educational expenses for my child
8 I am worried about my child's physical development and health
9 I am concerned about my child's friendships, particularly if they are being bullied or facing any issues
10 I am concerned about my child's delinquency and behavioral problems
11 I am concerned about matters of child custody and child support payment in divorce

12 I am unable to spend enough time with my child
13 Other (
14 Currently, I do not have any specific concerns

Q33 What kind of support do you think would be beneficial for you and your child currently or in the future? (For 1 to 12, circle all that apply)

1 Provision of childcare services or facilities when parents or guardians are not available at home

2 Financial assistance for daily living and education-related expenses
3 Place where children and parents can consult about anything related to my child's career path and daily life

4 Provision of various opportunities for activities, such as nature experiences and group games, where children can meet peers and engage in activities together

5 Provision of safe spaces for children in the community
6 Support for foundational learning skills, including reading, writing, and arithmetic
7 Support for work-related activities to enable the child to have opportunities for work experience and to find a job

8 Assistance with children's medical expenses
9 Provision of affordable housing options with low rent
10 Support for visitation and interaction between children and parents before and after divorce

11 Enhancement of facilities that accommodate single-parent households and victims of domestic violence

12 Other (
13 Nothing in particular

This is the end of the questions. Thank you for your cooperation.

